



SPREAD HOLIDAY CHEER

- **Buy coffee or hot beverage for a stranger**
- **Buy a meal for a stranger**
- **Donate food to a food pantry**
- **Donate cat/dog food to a shelter**
- **Donate cat/dog toys to a shelter**
- **Bake Christmas cookies for your neighbors**
- **Leave drinks and treats for delivery drivers**
- **Give compliments to strangers**
- **Pray for others**
- **Leave encouraging notes for strangers to find**
- **Leave \$1 or \$5 gift cards for stranger to find**
- **Donate toys or money to Toys for Tots**
- **Sponsor a family through your church**
- **Check on elderly neighbors or relatives**
- **Take dinner to a new mom or elderly**
- **Send Christmas cards to nursing homes**
- **Donate art supplies or books for youth center**
- **Donate coats, clothes & shoes to homeless shelter**
- **Donate food to a homeless shelter**
- **Send cards to military stationed overseas**
- **Thank emergency responders for their service**
- **Thank a veteran or service member**
- **Call friends or family you haven't talked for a while**
- **Help a neighbor with clearing snow**



HOLIDAY ACTIVITIES

With Family, Friends or Yourself

- **Binge watch Christmas movies (Hallmark has tons!)**
- **Bake Christmas cookies**
- **Make homemade ornaments or decorations**
- **Play silly holiday themed games or read a holiday classic**
- **Get your photo taken with Santa (even as an adult)**
- **Wear a santa hat at work or on errands**
- **Wear Christmas pajamas during December**
- **Have nightly events with family, friends or yourself**
- **Volunteer to cook or serve for the homeless**
- **Make a gingerbread house (adults too!)**
- **Give a gift every day for the 12 days of Christmas (free or low cost such as cards, letters, handmade items)**
- **Invite someone who may be alone for the holidays to share a meal or holiday tradition**
- **Attend Christmas Eve services at local church**
- **Attend a community tree lighting service**
- **Go to a holiday festival or craft fair**
- **Attend a holiday choir event**
- **Walking or drive tour for Christmas lights**
- **Wish strangers a Merry Christmas or Happy Holidays**
- **Make s special meal for yourself while watching a classic Christmas movie or listening to holiday music**
- **Write a heartfelt letter to someone you care about**
- **Set intentions/goals for the new year**